



WESTON SUPER MARE S.C.

Affiliated to ASA South West and Somerset ASA
Under ASA Laws and ASA Technical Rules of Swimming



8th Easter Open Meet PROGRAMME OF EVENTS

Saturday 3rd April 2010				
Session 1 Warm Up 08.00am Start 09.30am				
Event	Sex	Age	Distance/Stroke	Prog
101	Boy	10/Ov	100m Butterfly	HDW
102	Girl	10/Ov	100m Breast	HDW
103	Boy	10/Ov	100m Backstroke	HDW
104	Girl	All	200m Backstroke	HDW
105	Boy	All	200m Ind Medley	HDW
106	Girl	All	50m Butterfly	HDW
107	Boy	All	50m Freestyle	HDW
108	Girl	11/Over	400m Freestyle	HDW

Sunday 4th April 2010				
Session 3 Warm Up 8.00am Start 09.30am				
Event	Sex	Age	Distance/Stroke	Prog
301	Girl	All	100m Ind Medley	HDW
302	Boy	All	200m Butterfly	HDW
303	Girl	All	200m Breaststroke	HDW
304	Boy	10/Ov	100m Freestyle	HDW
305	Girl	All	200m Freestyle	HDW
306	Boy	All	50m Breaststroke	HDW
307	Girl	All	50m Backstroke	HDW
308	Boy	11/Over	400m Ind Medley	HDW

Saturday 3rd April 2010				
Session 2 Warm Up 1.30pm Start 3.00pm				
Event	Sex	Age	Distance/Stroke	Prog
201	Girl	10/Ov	100m Butterfly	HDW
202	Boy	10/Ov	100m Breast	HDW
203	Girl	10/Ov	100m Backstroke	HDW
204	Boy	All	200m Backstroke	HDW
205	Girl	All	200m Ind Medley	HDW
206	Boy	All	50m Butterfly	HDW
207	Girl	All	50m Freestyle	HDW
208	Boy	11/Over	400m Freestyle	HDW

Sunday 4th April 2010				
Session 4 Warm Up 1.30pm Start 3.00pm				
Event	Sex	Age	Distance/Stroke	Prog
401	Boy	All	100m Ind Medley	HDW
402	Girl	All	200m Butterfly	HDW
403	Boy	All	200m Breaststroke	HDW
404	Girl	10/Ov	100m Freestyle	HDW
405	Boy	All	200m Freestyle	HDW
406	Girl	All	50m Breaststroke	HDW
407	Boy	All	50m Backstroke	HDW
408	Girl	11/Over	400m Ind Medley	HDW

Please note that the Warm Up Times Start and Duration may be subject to change depending on the number of entries for the Meet. The Entry Cards will be printed with the Warm Up times.