

	400 f/c	200m I.M	200m f/c	200m b/c	200m brst	100m f/c	100m b/c	100m brst	100m fly	50m f/c	50m b/c	50m brst	50m fly
Jessica Barham			2.21.56	2.42.20									
			2.26.10	2.45.65									
Short course conversion			2.23.70	2.43.4									
Laura Kyd										35.05		44.51	
										35.73		45.42	
Short course conversion										35.1		44.7	
Sam Young		3.34.72				1.32.60	1.38.64	1.50.32		40.52	46.54	52.2	43
		3.23.16				1.23.99	1.35.35	1.43.99		36.96	43.72	49.5	43.72
Short course conversion		3.21.10				1.23.00	1.33.6	1.42.79		36.39	43.2	48.8	43.3
Alison Maltby						1.21.63					42.9		
						1.20.96					45.36		
Short course conversion						1.20.00					44.8		
Hannah Symes						1.25.15		1.42.76		38.15		47.69	51.16
						1.24.30		1.45.13		36.85		49.04	53.08
Short course conversion						1.23.75		1.44.79		36.25		48.3	52.6
Alicia Symes						1.09.52				31.91	35.66	44.25	36.41
						1.11.96				31.92	36.51	44.12	37.66
Short course conversion						1.10.8				31.2	35.9	43.4	37.1
<b>P.b's</b>													
	400 f/c	200m I.M	200m f/c	200m b/c	200m brst	100m f/c	100m b/c	100m brst	100m fly	50m f/c	50m b/c	50m brst	50m fly
Matthew Chapman						1.12.20					37.45		36.63
						1.10.14					37.13		34.64
Short course conversion						1.08.9					36.5		34
Sam Chapman						1.28.20					45.3		46.45
						1.28.98					45.67		51.53
Short course conversion						1.28.00					45.18		51.1
Adam Parchment						58.72	1.09.62			26.88	31.43		30.83
						61.1	1.10.31			27.52	33.65		31.24
Short course conversion						59.7	1.09.10			26.7	33.05		30.65
Jamie Richards										32.04		37.01	
										32.1		37.69	
Short course conversion										31.5		36.89	
Adrian Sureshkumar						1.05.40			1.13.85	28.7			32.01
						1.07.70			1.16.18	30.15			32.66
Short course conversion						1.06.40			1.15.30	30.04			32.05